October 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
MENU FOR Grades K-3		I Grilled Cheese Sand- wich, Green Beans, Pineapple, Sorbet Cup, Milk	2Round Cheese Pizza, Romaine Sal- ad, Dressing, Applesauce, Dragon Juice, Milk	3 Chicken Tenders, Waffles, Car- rots, Apple Slices, Milk, Condiments	4Breaded Pork Patty, Bun, AuGratin Potatoes, Broccoli, Pears,Milk, Condiments	5
6Breakfast Served Daily: W.G Cereal, W.G. Snack, Fruit, 100% Juice, Milk	7Corn Dogs, Baked Fries, Carrots, Pineapple, Milk, Condi- ments	8French Toast Sticks, Egg Pattie, Hash brown Rounds, Or- ange Juice, Milk, Condi- ments	9Stuffed Crust Cheese Pizza, Ro- maine Salad, Dressing, Ap- plesauce, Dragon Juice	10Chicken Nuggets, Mashed Pota- toes, Gravy, Peas & Car- rots, W.G. Roll, Pears,	11NO School	12
13menu Subject to Change	14NO School	15Chicken Drumstick, Mashed Pota- toes, Gravy, Carrots, W.G.Roll, Peaches, Milk	16Round Cheese Pizza, Romaine Sal- ad,Dressing, Applesauce, Dragon Juice,Milk	17Turkey, Cheese, Let- tuce on Bun, Carrots & Celery, Har- vest Cheddar Chips, Apples ice cream	18Cheese- burger, Bun Baked Beans, Fries, Grapes, Milk Condiments	19
20	21 Mini Cheese Ravi- oli, Garlic Toast, Green Beans, Moz- zarella Stick, Pears, Milk	22Chicken Patty, Bun, Baked Fries, Carrots, Peaches, Milk, Condiments	23 Stuffed Crust Cheese Pizza, Ro- maine Salad, Applesauce, Dragon Juice, Milk	24Taco in a Bag of Chips, Refried Beans, Mixed Fruit, Milk, Condiment	25Mac n Cheese, Broc- coli, Grapes, Ice Cream, Milk	26
27	28Cheese- burger, Bun,Baked Beans, Fries, Peaches, Milk Condiments	29 Grilled Cheese, Green Beans, Pineapple, Sorbet Cup, Milk	30Round Cheese Pizza, Romaine Sal- ad, Dressing, Applesauce,. Dragon Juice, Milk	31 Chicken Tenders, Waffles, Syrup Carrots, Ap- ple Slices, Milk		Low Fat or Fat Free Milk includ- ed with Breakfast and Lunch